



FUN PAINTING 1

Messy Play Art

INTRODUCTION

Part one of our fun painting activities for children. This activity uses cornflour and soup flakes to make great messy play paint

WHAT WE NEED

- Large bowl, a cup, a large tray
- Cornflour, soup flakes, water
- Tempera paint
- Ice cube tray or small junk canisters
- Lolly pop sticks



WHAT TO DO

To make the paint: Mix 2 cups of cornflour with 1 cup cold water, then slowly pour on boiling water whilst whisking until mixture becomes thick. Stop pouring and stir until smooth and translucent. Add ½ cup soup flakes and stir well then add tempera paint for color.

Finger painting: Pour the paint mixture onto a large tray and use fingers to create art.

Ice painting: Pour mixture into ice cube tray or small junk canisters. Place a lolly pop stick in each cube and freeze. Once frozen paint a picture with your frozen paint cubes