



THROUGH THE TUNNEL

Exploration Play

INTRODUCTION

It's important for a baby to learn that the world stays the same even when they cannot see it, as it reinforces their sense of security.

WHAT WE NEED

- Lots of different sizes of cardboard boxes

WHAT TO DO

Make a tunnel using a cardboard box and encourage the children to crawl through to the other side. As they emerge say boo! Keep adding more boxes to make a maze for them to follow.

You can make smaller tunnels from food packaging like cereal boxes to push toys through.

