



HOPSCOTCH

Traditional Active Game

INTRODUCTION

A classic active game that can be enjoyed by children of all ages.

WHAT WE NEED

- Pavement/Concrete area
- Chalk
- Stone or small item
- For indoor hopscotch you can use foam mats

WHAT TO DO

Draw out the hopscotch board using a mix of single and double boxes, numbering them 1-10

Make sure the boxes are large enough to fit a child's foot, but not too large that they can't hop between them. Stand in front of the board and throw the stone onto box 1.

Complete the course avoiding this box, turning at box 10 and returning to pick up the stone. On the next turn throw to number 2, then 3, and so on. For a challenge mix up the design, making it larger, bigger gaps etc.

