



# Rainbow Shakers

## Baby Sensory Bottles

### INTRODUCTION

Babies will enjoy the sights and sounds of a sensory rainbow shaker.

### WHAT WE NEED

- Small plastic juice bottle
- Tape or glue
- Bright and shiny bits & pieces (E.G tinfoil, sweetie wrappers, glitter, sequins, wool, ribbon, beads, buttons, small shells, bells, feathers)

### WHAT TO DO

- Make sure the inside of your bottle is dry.
- Once you have put your chosen items inside screw the lid on tightly. For extra security glue or tape the lid shut.
- Babies of around 9 to 12 months might be able to try placing their own items into the bottles.
- You can add water and a dash of food colouring.

