



# ICE EGGS

## Sensory Fun

### INTRODUCTION

Easy sensory activity that's perfect for a sunny day in the garden but can also be a fun indoor activity in a tray.

### WHAT WE NEED

- Balloon
- Small plastic figure (or a flower/stick)
- Water
- A tray if playing inside

### WHAT TO DO

- Place figure/flower in the balloon
- Fill balloon with water to an egg size and tie
- Freeze the balloon
- Take out 5 mins before play
- Cut off balloon
- The ice will melt as you play to reveal what's inside

